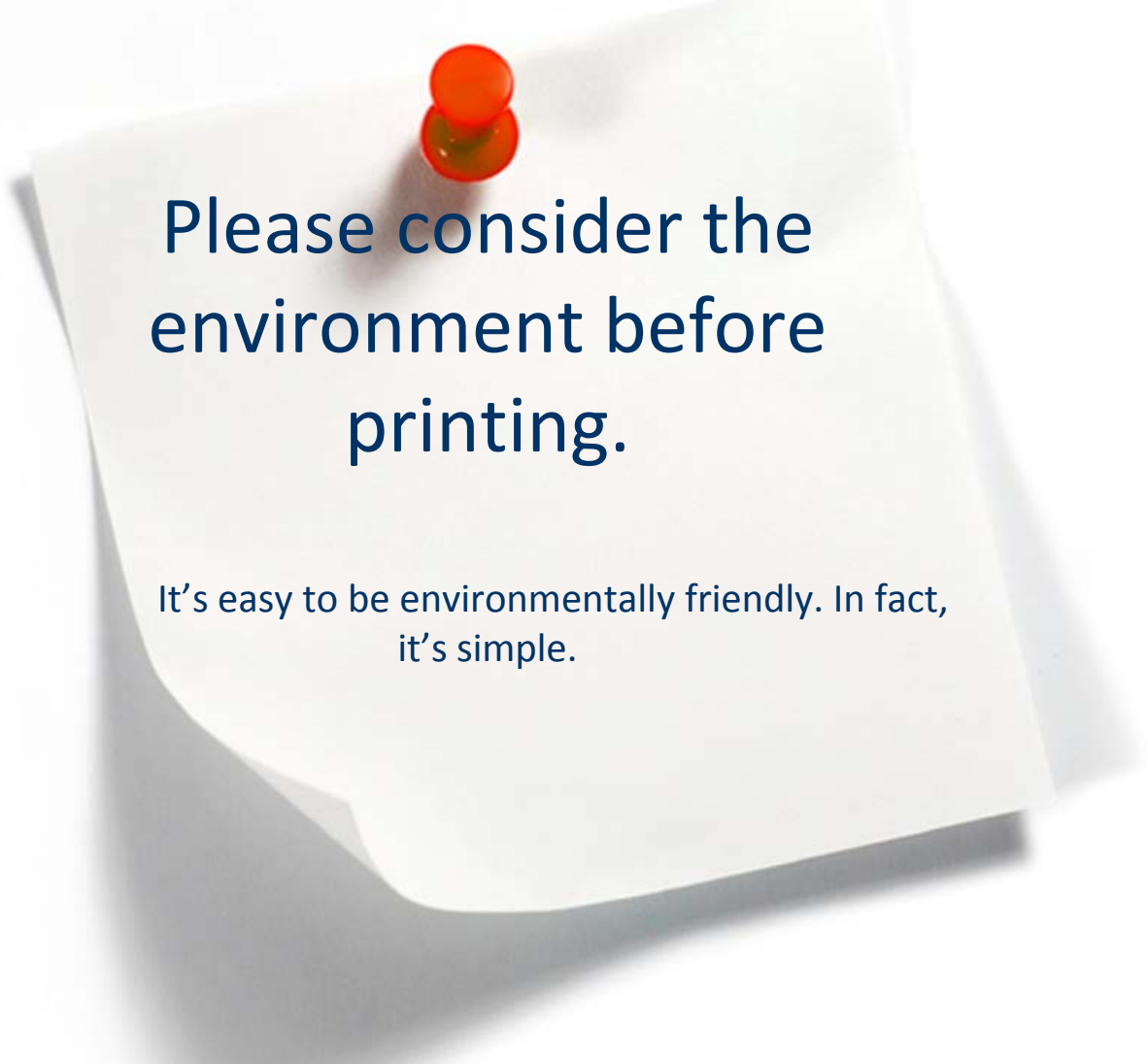




I will wash clothes in cold water. I will install a low-flow toilet. I will stop drinking water in the fridge. I will only run the washing machine and dishwasher with full loads. I will turn off the tap while brushing my teeth. I will check my taps and toilets for leaks and repair them if needed. I will use shorter towels. I will plan my errands to take the fewer of a

# One Simple Act for work



Please consider the environment before printing.

It's easy to be environmentally friendly. In fact, it's simple.

## Did You Know?

- Recycling 1 tonne of waste paper can save up to 20 mature trees, enough electricity to power a 3 bedroom house for 1 year, 30 000 litres of water, and 8 cubic feet of landfill space.
- Canadians are among the world's largest consumers of paper products, and they use six million tonnes of paper and paperboard annually. Only ¼ of this is recycled.